

healing through movement



· Movement Sessions:	One session	Six sessions	Twelve Sessions
Private with Studio Directors One-to-one sessions led by Amy Tan or Audrey Yeoh.	220.00	1,200.00	2,160.00
Private with Certified Teachers One-to-one sessions led by certified Pilates teachers.	180.00	990.00	1,800.00
Private with Apprentice Teachers One-to-one sessions led by an apprentice teacher.	100.00	540.00	960.00
Duet Two persons to one teacher in a session.	150.00	840.00	1,560.00
Semi Private Session of 4 persons with one teacher. Each client is guided to their own repertoire based on individual needs and requirements.	100.00	510.00	960.00
Special Themes Other specific sessions including pre and post natal, children etc.	100.00	510.00	960.00
Gyrokinesis® A group class of up to 6 people.	60.00	330.00	600.00
Combined Movement Package For those who would like to attend two or more of the movement sessions offered.	2,500.00		
· Rolfing Sessions	280.00		

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- All prices listed are in Malaysian Ringgit (MYR).
 - Each session is for a duration of one hour.
 - All sessions are by appointment only.
 - There is a minimum of 3 participants for Gyrokinesis®.
 - Packages are transefable but non-refundable with a 6 month validity.
 - A minimum 24 hour notice period is required for booking changes and cancellations.
 - Full session rates will be charged for last minute (less than 24 hours) booking changes and cancellations.